



7th Vegas Acro Cup Training Schedule

VEGAS ACRO CUP

Tuesday, April 2

Stretch	Training	Competition	Teams
	15:00 – 16:00	16:00 – 17:00	NED/UKR/Xtreme/Show me Acro
	16:00 – 17:00	15:00 – 16:00	Edmonton/Skylark
	17:00 – 18:00	18:00 – 19:00	AGC Las Vegas

Wednesday, April 3

Stretch	Training	Competition	Teams
08:45 – 09:00	09:00 – 10:00	10:00 – 11:00	Queen City/Acro Explosion/Skylark
09:45 – 10:00	10:00 – 11:00	11:00 – 12:00	Olympia/Show Me/Wakefield
10:45 – 11:00	11:00 – 12:00	12:00 – 13:00	Flik Flak/West Coast/Xtreme
11:45 – 12:00	12:00 – 13:00	13:00 – 14:00	East Bay/Incentive/Incent-Socal/WOGA
12:45 – 13:00	13:00 – 14:00	14:00 – 15:00	DGA Gym/First State/Oakville/Salto/WSGC
13:30 – 14:30 Head of Delegation Meeting			
13:45 – 14:00	14:00 – 15:00	15:00 – 16:00	Aspire/Edmonton/Ukraine
14:45 – 15:00	15:00 – 16:00	16:00 – 17:00	Technique
15:45 – 16:00	16:00 – 17:00	17:00 – 18:00	Capital/SoCal/Indigo
15:00 – 17:00 Judge's Accreditation/Meeting			
16:45 – 17:00	17:00 – 18:00	18:00 – 19:00	Empire/International Elite/Fort Eries
17:45 – 18:00	18:00 – 19:00	19:00 – 20:00	AGC/MAATT/CCoast
18:45 – 19:00	19:00 – 20:00	20:00 – 21:00	ATA/Kelowna/Paramount
International Teams: Youth/Levels 5 -10/11-16 1 routine (3 min) 12-18- Seniors 2 routines (6 min)			
USA Teams: Levels 9 -10/11-16 1 routine (3 min) 12-18- Seniors 2 routines (6 min)			
Note: Sizing will take place after each training session.			

Thursday, April 4, 2024

Stretch	Training	Competition	Teams
	13:00 – 14:00	14:00 – 15:00	All 13-19 and Senior Pair/Groups. (17)
	14:00 – 14:30	13:00 – 14:00	All 12-18 Pairs, NO WG. (15)

Friday, April 5, 2024

Stretch	Training	Competition	Teams
-	-	-	No Training Available at the Venue

Saturday, April 5, 2024

Stretch	Training	Competition	Teams
18:15 – 18:30	18:30 – 18:45	18:45 – 19:30	11-16 WP (finalists) 12-18 WG (finalists)